

# SAILING



*High School Sailing is the fastest growing sport in Ohio.*

## SAILING AS A HIGH SCHOOL SPORT.

Competitive sailing involves fast-paced, short-course team racing, where one-design boats race each other without any handicaps, starting at the same time, sailing a set course and the winner of each race is the first to cross the finish line scoring points based on finish position with the lowest points winning. Teams compete locally, regionally and nationally in regattas and championships.



## WHAT ARE THE BENEFITS OF JOINING THE SAILING TEAM?

- Sailing is a co-educational competitive sport.
- Colleges actively recruit talented sailors for their college teams.
- Sailing not only involves a high level of physical strength and agility but it teaches students about navigation, physics, the marine environment, and the importance of teamwork.
- Sailing is an activity that literally can take you around the globe and provide a warm introduction to other sailors in just about any country.
- Sailing is a sport that you will enjoy throughout your life.
- Supervised use of host club facilities, offering quality access to the water.
- Safety and rescue boats are on the water at all times with liability coverage under the Club's insurance policy.
- Professional coaching during regattas and practices.

## 2018 HIGH SCHOOL SAILING SEASONS.

**SPRING SEASON:** April 3 – May 10, 2018

**FALL SEASON:** August 23 – October 25, 2018

Practices are Tuesdays and Thursdays 5:30 PM–8:00 PM.

Hoover Sailing Club hosts the location and boats for practice and local regattas.

### HOST CLUB & LOCATION

**Hoover Sailing Club**

4250 Smothers Road

Westerville, OH 43081

High school teams compete throughout Ohio, some requiring travel to other clubs. Most regattas fall on Saturday or Sunday from 9:00 AM–4:00 PM.

## SUMMER CLASSES AVAILABLE SPECIFICALLY DESIGNED FOR THE HIGH SCHOOL SAILOR

**INTENSIVE 1:** June 4-8, 2018

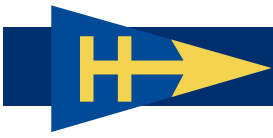
**INTENSIVE 2:** July 9-13, 2018

These classes are geared toward the newer sailor as an immersion into the sport of team sailing. In these courses, we'll teach students the basics of sailing and sailboat racing. We'll focus on boat-handling, basic rules of the road, fitness and proper sailing conditioning and short course race tactics. If you've taken any Learn to Sail classes at Hoover, you'll be driving in races by the end of this 1 week intensive course. If you're brand new to sailing, we'll teach you everything you'll need to know to be crew in any of our High School practices.

**PRE-SEASON CLINIC:** July 30- August 3, 2018

The HS Sailing Clinic will be an all hands on deck clinic. All students entering grades 7-12. Come meet your future teammates. Come meet your coaches.

All skill levels are welcome. The group will be divided to cater to the highest advanced levels and the new racers. This High School Racing Clinic will provide High School age sailors an opportunity to learn and practice racing techniques to prepare for the upcoming 2018-2019 season. All aspects of sailing the Collegiate 420 will be covered, but focus will be geared towards improving boat handling, starting, roll tacks and jibes, boat speed, strategy, and tactics.



# 2018 HIGH SCHOOL SAILING PROGRAM

## HOOVER SAILING CLUB

www.hooversailingclub.com

*Thank you to Hoover Sailing Club for subsidizing the High School Sailing Pay-to-Play program.*

For more information contact Head Coach Jamie Jones at [jjone45@columbus.rr.com](mailto:jjone45@columbus.rr.com)  
614-216-2679

### HIGH SCHOOL SAILING: Tuesday & Thursday Practice 5:30–7:30 PM

#### Spring Season:

April 3–May 10

**\$120**

#### Fall Season:

August 23–October 25

**\$170**

### HIGH SCHOOL SAILING SUMMER CLINICS:

Monday through Friday  
8:30 AM–4:00 PM

#### HS Intensive 1:

June 4–8

**\$195**

#### HS Intensive 2:

July 9–13

**\$195**

#### Pre-Season Clinic:

July 30–August 3

**\$195**

**TOTAL:** \_\_\_\_\_

Please make checks payable to: **HOOVER SAILING CLUB**

Mail application and fee to:  
HOOVER SAILING  
INSTRUCTION  
c/o Jamie Jones  
581 Braxton Place East  
Westerville, OH 43081

## WELCOME ABOARD!

High school sailing is the fastest going sport in the US including Ohio. The sport of sailing typically operates with the permission of your high school using Hoover Sailing Club (HSC) facilities, gear and coaches. It is a pay to play sport.

We practice twice a week on Tuesday and Thursday with a start time on the water at 5:30pm. This means come early to help rig boats. Practice is over by 8:00pm (earlier as the sun sets earlier). Regattas fall on the weekends locally and regionally.

PLEASE PRINT CLEARLY. ONE APPLICATION PER STUDENT:

Student's Name

Parent's name

Address

City/State/Zip

Email address (please print clearly)

Phone: home cell

Alternate Phone: home cell

Birthdate

Height

Weight

High School Sailor will Attend

Graduation Year

School Attending Now

## HELP US GET TO YOU KNOW YOUR SAILOR:

**SAILING EXPERIENCE:** classes taken, classes of boats sailed, racing or crew experience, knowledge of rules, etc.

**MEDICAL CONDITIONS:** list any conditions or allergies (e.g., allergy to bee sting, severe asthma, behavior issues, etc).

**SWIMMING ABILITY:** include formal classes and highest level achieved.

## HIGH SCHOOL SCHEDULE (GRADES 7-12)

April 3 – May 10

June 4–8

July 9–13

July 30–Aug 3

August 23–October 25

SPRING SEASON

INTENSIVE 1

INTENSIVE 2

PRE-SEASON CLINIC

FALL SEASON

**HIGH SCHOOL SAILING:** Tue/Thu 5:30–7:30 PM

Spring Season:

**\$120**

Fall Season:

**\$170**

**CLINICS:** Mon–Fri 8:30–4:00

HS Intensive 1:

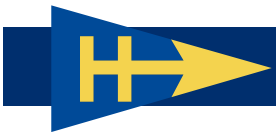
**\$195**

HS Intensive 2:

**\$195**

Pre-Season Clinic:

**\$195**



# 2018 HIGH SCHOOL SAILING PROGRAM

## WAIVER & RELEASE

Please Print and Turn in at Registration. One per Sailor.

Sailor

DOB

School

Hoover Sailing Club (HSC) grants conditional use of Club water access and vessel use to registrants of the Hoover Sailing Club High School Sailing Program for the Sailing Season, 2018.

The undersigned and Sailor agree to:

1. Be bound by Hoover Sailing Club rules.
2. Waive any and all liability and release of any claim, including those for negligence, the undersigned may now have or may hereafter acquire against Hoover Sailing Club and its directors, officers, employees, agents, members and associate volunteer personnel arising out of or relating to my use of the Hoover Sailing Club facilities and vessels.
3. Assume full responsibility for the risks of participation in boating and damage to property or persons.
4. Be fully responsible for any injury to person or property, including but not limited to motor vehicles and/or vessels, the undersigned or Sailor causes on Club Property. Neither the Club nor its personnel shall be liable for any injury to person or property resulting from the use of Hoover Sailing Club facilities by the undersigned or Sailor while on Club grounds or nearby waters.

In addition, the undersigned agrees that Hoover Sailing Club, and all of its respective members, officers, directors, employees, agents, volunteers, as well as all persons acting in a volunteer capacity regarding the conduct of the Events ("Released Party" or collectively "the Released Parties"), shall not be responsible or liable for the personal injury, death, and/or property loss or damage suffered by the Sailor or any third party arising out of or related to the Sailor's participation in the Events whether or not any such liability is caused in whole or part by the negligence of a Released Party. By consenting to the participation of the Sailor in the Events, the undersigned, himself/herself and on behalf of the Sailor and their respective heirs, successors, and assigns, hereby waives all claims against the Released Parties for, and releases the Released Parties from, any and all liability, including personal injury, death and property damage claims arising out of the Sailor's participation in the Events, whether or not any such liability is caused in whole or part by the negligence of a Released Party, to the fullest extent permitted by law.

However, the undersigned Parent and Sailor do retain any and all rights against any other party for damages of any nature resulting from any intentional acts and/or wrongful acts not directly related to the Sailor's participation in the daily activities of the Events, including all times before the start and after the activities of the Events for that day. Parties hereto understand that in accordance with Rule 82 of the Racing Rules of Sailing and the Bylaws of US Sailing, no indemnity clauses shall be required by any party.

The undersigned gives permission for photographs and videos of the Sailor to be used at the sole discretion of HSC, the Released Parties and the Organizing Authority, at which the photo was taken.

Signed (Sailor)

Date

Signed (Parent/Guardian)

Date

Parent/Guardian Name Printed

Mailing Address



# 2018 HIGH SCHOOL SAILING PROGRAM

## EMERGENCY MEDICAL AUTHORIZATION FORM

Sailor: \_\_\_\_\_ Team/School: \_\_\_\_\_

Parent: \_\_\_\_\_ Cell#: \_\_\_\_\_

Male      Female      Age: \_\_\_\_\_      DOB: \_\_\_\_\_

Home Address: \_\_\_\_\_

This form enables parents/guardians to authorize emergency treatment for children who become ill or injured while participating in the High School Sailing Program while at Hoover Sailing Club

In the event of an emergency involving a participant all reasonable attempts will be made to contact the parents or guardians listed below. Emergency medical personnel will be notified for transfer to the nearest hospital if necessary.

|                         |              |            |
|-------------------------|--------------|------------|
| Parent or Guardian Name | Relationship | Cell Phone |
| Parent or Guardian Name | Relationship | Cell Phone |
| Parent or Guardian Name | Relationship | Cell Phone |

### MEDICAL INFORMATION

Child's Physician \_\_\_\_\_ Phone \_\_\_\_\_

Allergies \_\_\_\_\_

Current Medications \_\_\_\_\_

Ongoing Medical Conditions or Physical Impairments \_\_\_\_\_ Date of last Tetanus shot \_\_\_\_\_

**MEDICAL INSURANCE INFORMATION** (optional – this may assist staff in the event that your child is taken to the hospital for treatment)

Insurance Carrier \_\_\_\_\_ Insurance Phone \_\_\_\_\_

Group Policy # \_\_\_\_\_ Plan # \_\_\_\_\_

### PLEASE COMPLETE EITHER PART I or PART II of this form.

#### PART I - CONSENT

I do hereby give my consent for emergency medical treatment of my child in the event of accident, illness, or injury.

Parent or Guardian Name \_\_\_\_\_ Date \_\_\_\_\_

#### PART II - REFUSAL TO CONSENT (Do not complete if you completed Part I)

I do not give my consent for medical treatment of my child and agree to be on-site at all times in a pre-determined location. In the event of illness or injury requiring emergency treatment, I wish the instructor to take no action and agree to act in accordance with the parent's/guardian's wishes as I understand them.

Parent or Guardian Name \_\_\_\_\_ Date \_\_\_\_\_